

Help with the cost of living - Local fact sheet of useful information

Age UK - Free money advice including maximising your benefits

Call 0800 019 1310 between 9am-2pm Monday-Friday

Carewise – expert information/advice on paying for care 0330 222 7000

Chichester District Council

- Business support – www.chichester.gov.uk/helpforbusinesses
- Council tax - in receipt of Universal Credit-apply for council tax help
- Social prescribing - 01243 521041 - Help with your housing/financial situation/support getting into work/caring for someone and needing a break/practical or emotional support to help a challenging situation/information on local groups, activities and courses
- Wellbeing support - 01243 521041

Citizens Advice – 0808 278 7901 / Chichester - 0344 477 1171

- Advice on everything!
- Energy telephone service - 01243 974063 (Mon-Fri 10am-4pm) Check you are on the best tariff/look at ways to save money/information on local & national schemes to keep warm & well/help find funding for energy saving & heating measurers/support with energy & household debts
- **Petersfield CAB** - in Petersfield Library 0808 278 7901

Debt advice

- **Christians against poverty** – free debt counselling 0800 328 0006
- **Money Helper** – confidential and trusted debt advice supported by the government www.moneyhelper.org.uk

Discretionary grants

- **Rogate Vicar's discretionary fund** – contact Rev. Edward Doyle 821576
- **Rogate Combined Charity** – contact Laura Craven 01730 821392

Domestic Abuse Helpline – 0808 2000 247

Energy bills

- If you are struggling to pay your energy bill **contact your provider**
- Citizens advice free energy telephone service - 01243 974063
- Ofgem www.ofgem.gov.uk info if you can't afford your energy bills
- Priority service register –SSEN 0800 072 72 82
- WSCC Community hub - 033 022 27980

▪ **Warmer homes** - 0800 038 5737

- help you find funding for energy saving & heating measurers
- information on schemes to keep you warm & well
- support with energy and other household debts

Food and other household costs

- Community hub/food vouchers (through WSCC as below)
- Liss Foodbank – text 07598 949379
- Midhurst Foodbank - 07826 397732
- Petersfield Foodbank – 07878 693142
- Petersfield Free Shop (food/school uniforms/coats & other items) - 07988 043870 – The Hub, Petersfield train station – open Wednesdays (1.30-3.00pm); Fridays (10-12pm) Saturdays (10-12pm).

Government Information - <https://helpforhouseholds.campaign.gov.uk>

Hospital transport – Tandem 0300 030 3962

Universal credit – **claim team** 0800 144 8 444 (Mon-Fri 8am-6pm)

West Sussex County Council

- **Bus passes** for older persons
- **Community Hub** is open seven days a week offering information and advice about support available
 - **Urgent support** (if you are going to run out of food within two days) **phone 033 022 27980** between 9am-5pm seven days a week
 - Household support fund can help eligible residents who are struggling with costs of fuel or food bills. You don't have to be receiving benefits to access help - if you do receive benefits they won't be affected in making an application via this scheme.
 - **Midhurst Community hub** at the Grange is a one stop advice centre for surrounding areas - 07758 581208
- **Drop into a library**
Info & advice/Internet access & help to get online/access to direct support from range of partners (including health & wellbeing & financial advice)
- **Holiday Activities & Food programme** for children who receive benefits-related free school meals holiday activities and £15 per week supermarket vouchers during school holidays.

If in doubt – contact Midhurst Community hub in the Grange on 07758 581208

Rogate Parish Council - October 2022

